**7th Grade Fitness Test School Records**

**Curl Ups**

**2006Jacquelin Beauregard 79**

**2011 Kristen Goff 79**

***2006 2nd Cara Detour 70***

**2004 Craig Amelisko 73**

***2006 2nd Mike Foley 69***

# Flex Arm Hang

**2015 Audrey O’Neil 1min 31 sec**

***2003 2nd Laura Beynon 1min24sec***

**2006Jimmy Henry 1min31sec**

***2009 2nd Lewis Berger 1min27sec***

**Sit and Reach**

**2013 Eimile Roda 56 cm**

***2015 2nd Selene Bonafini 54cm***

**2009Ethan Velozo 44 cm**

***2004 2nd Derek Healy 43.5 cm***

**Pacer**

**2008 Natalie Caney 83**

***2013 2nd Samantha Birks 82***

***2015 2nd Ava Laporte 82***

**2011Noah Lussier 120**

***2014 2nd Evan Fournier 114***

### Shuttle Run

**2004 Katelynn Cole 8.8 sec**

**2002 Matt Caballero 8.1 sec**

# Long Jump

**2004 Lauren Bachand 7'2"**

**2002 Ben Shevock 8'6"**

# Push Ups

**2016 Jenna Makkiya 137**

***2016 2nd Megan Gilman 101***

**2015 Cameron Otto 130**

***2009 2nd Matt Paradis 109***

**Chin Ups**

**2016 Megan Gilman 17**

***2014 2nd Lauren Pope 16***

**2015 Jared Lyons 15**

***2013 2nd Nathan Ferrington 12***

***2013 2nd Benjamin Lamica 12***

## Pull Ups

**2014 Lauren Pope 15**

**2006Alisha Ciolek 15**

***20016 2nd Megan Gilman 13***

**2008 Zach O’Donnell 24**

***2004 2nd Robert Edwards 15***